

Terling Primary School - Lunch Menu

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Macaroni Cheese	Chicken Fajitas	Gammon Steak with Yorkshire Puddings	Fresh Pork Meatballs, in Rustic Tomato Sauce	Omega 3 Fish Fingers
Vegetarian		Quorn Fajitas	Cheesy Bean Yorkshire	Quorn Balls	Omelette
Vegetables	Peas	Savoury Rice	Roast Potatoes, Carrots & Peas	Pasta & Sweetcorn	Chips, Baked Beans & Sweetcorn
Dessert	Ginger Biscuits	Fresh Fruit	Banana Cake	Fresh Fruit	Chocolate Oatcake

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pasta Neapolitan & Garlic Bread	Mild Chilli Con Carne, Nachos & Rice	Chicken in Gravy, Yorkshire Pudding	Homemade Sausage Roll & Mashed Potato	Omega 3 Fish Fingers
Vegetarian				Quorn Dippers, Nachos & Rice	
Vegetables			Roast Potatoes, Carrots & Broccoli	Peas & Sweetcorn	Chips, Baked Beans & Peas
Dessert	Shortbread Biscuits	Fresh Fruit	Vanilla Sponge	Fresh Fruit	Toffee Crisp

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Tri Pasta with a Choice of Toppings	Savoury Mince & Dumplings	Shredded Pork & Yorkshire Puddings	Homemade Chicken Pie in a White Sauce	Butchers Pork Chipolata Sausages
Vegetarian		Cheese & Onion Pinwheels	Cheesy Bean Yorkshire	Vegetable Parcels	Quorn Sausage
Vegetables		Mash & Veg	Roast Potatoes, Carrots & Sweetcorn	Sweetcorn & Peas	Chips, Baked Beans & Peas
Dessert	Raisin Oat Cookie	Fresh Fruit	Apple Cake	Fresh Fruit	Chocolate Crunch

Jacket Potato with either Cheese, Tuna or Beans now available every day as an alternative menu choice

Fruit or Yoghurts are available everyday as an alternative dessert choice

Fresh Water and Milk served everyday

Price: £2:40 per day

Effective from: Week 1 – Tuesday, 31st October 2023